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# Using machine learning and an electronic tongue for discriminating saliva samples from oral cavity cancer patients and healthy individuals

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# ABSTRACT

The diagnosis of cancer and other diseases using data from non-specific sensors – such as the electronic tongues (e-tongues) - is challenging owing to the lack of selectivity, in addition to the variability of biological samples. In this study, we demonstrate that impedance data obtained with an e-tongue in saliva samples can be used to diagnose cancer in the mouth. Data taken with a single-response microfluidic e-tongue applied to the saliva of 27 individuals were treated with multidimensional projection techniques and non-supervised and supervised machine learning algorithms. The distinction between healthy individuals and patients with cancer on the floor of mouth or oral cavity could only be made with supervised learning. Accuracy above 80% was obtained for the binary classification (YES or NO for cancer) using a Support Vector Machine (SVM) with radial basis function kernel and Random Forest. In the classification considering the type of cancer, the accuracy dropped to ca. 70%. The accuracy tended to increase when clinical information such as alcohol consumption was used in conjunction with the e-tongue data. With the random forest algorithm, the rules to explain the diagnosis could be identified using the concept of Multidimensional Calibration Space. Since the training of the machine learning algorithms is believed to be more efficient when the data of a larger number of patients are employed, the approach presented here is promising for computer-assisted diagnosis.

#### 1. Introduction

There have been considerable efforts to develop biosensors for early diagnosis of cancer [1-5] and other diseases [6-10], especially for screening at low cost with portable instruments, including for point-of-care diagnosis [11-15]. These biosensors may operate with various principles of detection, e.g., with electrical, optical, electrochemical methods (for a review see Ref. [16]) and are targeted at

detecting specific biomarkers. For cancer, in particular, immunosensors and genosensors [17–24] have been reported where the biomarkers for diagnosis may be antigens (or antibodies) and genetic material (DNA, RNA), respectively. High sensitivity and selectivity can be achieved owing to the specificity in antibody-antigen interactions and hybridization involving DNA or RNA probes [25–27]. However, limitations related to the biorecognition element have impaired the commercial translation of biosensors into real-world point-of-care diagnostics [28,

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29]. Proteins denature due to their poor stability, and the production using heterologous cell expressions is complex and costly. Alternatively, receptor-mimicking peptides identified from structural analyses and computational modeling have garnered interest in developing the next-generation biosensors by overperforming whole proteins in terms of stability and resistance to harsh environments. These peptides can be easily and inexpensively produced by chemical synthesis. Nevertheless, their deployment to mimic binding pockets of natural receptors to bind to targets in complex fluids remains challenging [28-30]. These difficulties have sparked research into bioreceptor-free sensing platforms for point-of-care settings [31]. Also relevant for experiments with biological samples with intrinsic high variability, as in blood, urine and saliva, is to treat the data with statistical and computational methods [32-35]. Of special relevance in recent years has been the use of information visualization [36,37] and machine learning [38–41] techniques. With such methods, one may enhance the accuracy of diagnosis by combining the high specificity in the response of biosensors with pattern recognition strategies [42]. Examples of these applications can be found in the diagnosis of breast cancer based on impedance spectra analysis of a microfluidic chip [31], and for prostate cancer where image analysis of biosensing units was carried out with supervised machine learning [43].

The utilization of pattern recognition and machine learning for diagnosis is well established in some areas, which include radiology image analysis [44-48] and genomics [49-52]. This may serve as inspiration for similar applications with sensors and biosensors, for example with electronic tongues (e-tongues) [53-56] and electronic noses (e-noses) [57,58]. E-tongues and e-noses are generally made of sensor arrays that do not detect specific analytes but are rather based on the global selectivity concept [59]. Within this concept, the electrical responses from a few sensing units are combined via statistical methods to establish "fingerprints" of liquids and gases or vapors. The main challenge to using these devices and pattern recognition concepts for diagnosis with biological samples lies in the limited amount of data available to establish unequivocal patterns. Though the sensing data obtained with e-tongues and e-noses certainly have considerable volume, requiring statistical methods beyond a manual analysis, they are normally insufficient for a fully-fledged training procedure in supervised machine learning. One has therefore to be cautious in applying machine learning to avoid overfitting [60,61] and data leakage [62] and combine sensing data with other types of information that may be useful for diagnosis, if at all possible.

In this paper, we report on the use of an e-tongue based on impedance spectroscopy to detect oral cavity cancer, which belongs to the head and neck cancers group, with saliva samples from diagnosed patients. The choice of this type of cancer was motivated by the difficulties in their diagnosis, especially at early stages. The first approach to identify oral cancer remains the conventional oral examination, which consists of a white light visual examination and palpation of the oral cavity surfaces as well as the external facial and neck regions [63]. But this only happens when the disease is already at an advanced stage. The material extracted from the patient is further submitted to biopsy and histopathological examination, the gold standard in the diagnosis of oral cancer. For complex scenarios, the clinical cases are evaluated by multidisciplinary workstations (surgeons, clinical oncologists, radiologists, etc.). However, such methods are invasive and traumatic for patients. Alternative exams have been exploited (exfoliative cytology and Polymerase Chain Reaction (PCR)), but they lack sensitivity and are expensive [64]. Complementary studies using spectroscopy [65] and electrochemical [66] techniques to develop noninvasive and painless methods for oral cancer diagnosis would encourage routine screening tests and increase the chances of early detection. In the literature, there are a few examples of electronic tongues applied for prostate and bladder cancer screening [67–71] with a non-invasive methodology. Urine samples were analyzed by potentiometric and voltammetric techniques, in which chemometric and machine learning tools made the distinguishing task possible. In our study we used saliva from 27 patients

(individuals diagnosed with cancer) and healthy volunteers (without any disease). Though this number is small, thus generating a limited amount of data, we were able to obtain a reasonable accuracy in diagnosis with supervised machine learning, especially upon combining impedance data and patient clinical information. Because different types of information were used, we employed the concept of multidimensional calibration space (MCS) [72] to generate the rules that explain the diagnosis results. It is also significant that multidimensional projection techniques and clustering methods with non-supervised machine learning were unable to provide an accurate diagnosis.

# 2. Experimental

Collection of saliva from patients and clinical data. Saliva samples were collected from patients at the Barretos Cancer Hospital (SP - Brazil; ethics committee approval #468/2011). The collection was made after vigorous mouth washing with 10 mL NaCl (0.9%) aqueous solution during 1–2 min. The patient then spitted the saliva into a 50 mL Falcon tube, which was then centrifuged at 1500 rpm for 10 min at 4 °C. The supernatant was discarded, and the pellet was resuspended with residual leftover supernatant. This new suspension was poured into a 1.5 mL Eppendorf, which was centrifuged at 1500 rpm for 10 min at 4 °C. The supernatant was discarded, and the resulting pellet was stored at -80 °C for further analysis. At the moment of the measurements in the impedance analyzer, each pellet was resuspended in a 200 µL phosphate-buffered solution (PBS, Sigma-Aldrich). The demographic characteristics of patients are summarized in Table S1.

Measurements with the electronic tongue. The e-tongue used in this work is similar to that reported in Ref. [73] with a single response microfluidic device [74–76]. In short, a single piece of PDMS containing four pairs of 304 stainless steel microwires (Treficap, Sao Paulo, Brazil), with a diameter of 700 µm, modified with 800 nm of SiO<sub>2</sub>, NiO<sub>2</sub>, Al<sub>2</sub>O<sub>3</sub>, and Fe<sub>2</sub>O<sub>3</sub> oxide films, using a UNIVEX 300 electron beam (Oerlikon Leybold Vacuum, Cologne, Germany). The sensing units were short-circuited establishing an array of capacitors connected in parallel, whose distance between the electrodes (E<sub>A</sub> and E<sub>B</sub>) is the diameter of the microwire used as a template for the microfluidic channel. Scheme 1 depicts the microfluidic electronic tongue device used in this work, here the sample is injected by a syringe that passes between the electrodes above (E<sub>A</sub>) and below (E<sub>B</sub>) the microchannel, as represented in the enlarged image. Electrical impedance spectroscopy experiments were performed using an impedance analyzer model 1260 A coupled to a dielectric interface model 1296 A (Solartron Analytical, Leicester, England), applying 25 mV ac voltage in the frequency range of 1 Hz to 1 MHz (19 frequencies). Moreover, the experiments were performed under a flow rate of 1000  $\mu$ L h<sup>-1</sup> using a syringe pump (New Era Pump Systems Inc., NE-1000, Farmingdale, NY) and a 1 mL plastic syringe. The method used around 500 µL of sample solution to execute the entire measurements. To avoid cross-contamination among samples, after each measurement a washing step was performed three times by injecting 1 mL of ultrapure water.

#### 2.1. Data analysis

**Dataset.** The impedance spectroscopy data obtained with the etongue were analyzed with various methods from the areas of data visualization and machine learning. The raw data consists of 162 capacitance spectra (here just spectra) with samples from 27 individuals (6 measurements per sample), which were labeled as YES (either floor of mouth or other oral cavity tumor subsites) and NO (no tumor) based on prior clinical and pathological diagnoses at Barretos Cancer Hospital. In order to prevent some level of leakage because of the repetition in the spectra acquisition, the spectra of each patient were aggregated through the average, and Table 1 shows the size of the dataset used in all analyses.

Each sample data is composed of 23 features of which 19 come from



**Scheme 1.** Schematic representation of the microfluidic electronic tongue that comprises four sensing units, forming an association of capacitors in parallel, having one electrode above  $(E_A)$  and the other below  $(E_B)$  the microchannel through which the sample is injected.

Table 1

Dataset size for each label.

Labels		Number of samples		
cancer	Sample			
NO	Control	14		
YES	Floor of mouth	4		
	Other oral cavity subsites	9		
Total		27		

the spectra and 4 are related to clinical information. The spectra features are capacitances measured over frequencies ranging from 1 Hz to 1 MHz. The clinical features are smoking (yes, no, former), alcoholism (yes, no, former), gender (male, female), and age (37–78), as given in Table 2. The ages histograms can be seen in Figures S1A through S1C in the Support Information. The dataset is balanced for the label cancer (YES or NO) but unbalanced for the label sample case. For the class 'floor of mouth,' there are no samples of patients with no smoking, yes/no alcoholism, and female gender.

**Data Visualization.** Dimensionality reduction and projection methods common in the literature were tried to visualize the intrinsic capacity of the spectra features (only-sensor) to exhibit the known group patterns structures (binary and multiclass). The methods used were Principal Component Analysis (PCA) [77], Neighborhood Components Analysis (NCA) [78], t-distributed Stochastic Neighbor Embedding (TSNE) [79], and Interactive Document Mapping (IDMAP) [80].

**Machine learning.** Clustering and classification machine learning algorithms were employed for the data group discrimination. In order to verify the influence of the clinical features, the analysis was accomplished with spectra features (only-sensor) and with the aggregation of clinical data (all-features). The clustering algorithms used were K-Means (KM) [80], Hierarchical Agglomerative Clustering (HAC) [80], and Spectral Clustering (SC) [81] with default hyperparameters in Scikit-learn module [82]. The metric used to evaluate the performance was the Average Silhouette Width (ASW) [83], which varies between -1 and +1. The closer to +1 the higher quality the clustering has. Each clustering analysis was repeated 100 times, and then the average value and the standard deviation of the AWS were obtained. The classification was performed with the following algorithms: Logistic Regression (LR),

#### Table 2

Dataset distribution for each clinical feature and label.

Linear Discriminant Analysis (LDA), K-Nearest Neighbor (KNN), Naive Bayes (NB), and Support Vector Machine with kernels: linear (SVML), polynomial (SVMP) and radial basis function (SVMR) [80]. Also applied was the Random Forest (RF) [84] algorithm as an ensemble method. To improve the performance avoiding overoptimistic bias and overfitting, the hyperparameters were tuned and the best model was evaluated with Nested K-Fold Cross-Validation [60,85,86] protocol, which provides average performance (e.g., accuracy) as an estimation of how the classification model will perform on new data instances (not available to the algorithm yet). This approach has been useful when few data instances (samples) are available [85]. It is preferable to a single K-Fold Cross-Validation [87], being a robust [88] and overzealous [89] performance estimation method. On the Nested K-Fold Cross-Validation, two K-Fold Cross-Validation procedures are enclosed. The inner K-Fold Cross-Validation loop is performed for model selection (tuning the model hyperparameters) [90], whereas model performance is carried out by the outer K-Fold Cross-Validation loop [85,86]. Here, there are the kouter and kinner configuration parameters for the outer (evaluation) and inner (tunning) loops respectively. Optimistic (overestimation) and biased performance can be an issue especially on small datasets [85,86], which might be avoided following the Nested K-Fold Cross-Validation procedure [85,86]. Nevertheless, more samples will produce a better and more reliable calibration.

### 3. Results and discussion

Data Visualization and clustering with non-supervised machine learning. Fig. 1A and B shows the 162 capacitance spectra for all samples, where different colors are used to distinguish the prevalence of cancer and type of cancer. Two important observations can be made from a visual inspection of these figures: it is hard to distinguish the samples by solely inspecting the spectra, and the dataset appears to contain two separate sets of measurements. We found that this latter observation was due to a drift in the impedance spectroscopy measurements which was not related to the samples. It simply occurred because of a drift in the second batch of measurements, performed a few days after the first batch. No reason could be established for the drift, which is an artifact. Under normal circumstances, we would have to perform a novel set of measurements to verify reproducibility and

Cancer	case	patients	smoking		alcoholism			gender		
			no	former	yes	no	former	yes	male	female
NO	Control	14	3	3	8	9	4	1	11	3
YES	Floor of mouth tumor	4	0	2	2	0	4	0	4	0
	Other oral cavity tumor subsite	9	1	3	5	1	2	6	7	2



Fig. 1. Capacitance spectra for a) cancer labels, i.e., YES or NO, and b) case, i.e., control, and cancer on the floor or cavity of mouth.

remove the drift. However, our objective in this study is precise to exploit data analysis methods that should be sufficiently robust to classify complex samples, such as those of saliva here, and eliminate possible interferences from experimental artifacts and changes in the environment. Hence, the undesired drift is considered here as a happy coincidence to test the robustness of our analysis approaches.

Attempts to distinguish between different samples using dimensional reduction and multidimensional projection methods, as normally done with e-tongue data, failed. None of the techniques used, viz. PCA, NCA, TSNE, and IDMAP, provided reasonable distinction, as indicated in Figs. S2 and S3 in the Supporting Information. The results from clustering with the non-supervised machine learning algorithms KM, HAC, and SC are shown in Table 3 where the quality of classification was evaluated using ASW. The spectra features were scaled with standardization. The performances of the algorithms were low, even for binary classification, and there is a small improvement when using all features (spectra features and clinical data).

**Classification using supervised machine learning.** Table 4 shows the average accuracy (standard deviation, SD) values obtained with the algorithms LR, LDA, GNB, KNN, SVML, SVMP, SVMR and RF applied to the situations only-sensor and all-features in binary and multiclass analysis. For all models, the average accuracy was obtained by a  $10 \times 5$ Nested K-Fold Cross-Validation (kouter = 10 and kinner = 5). As in the clustering, the spectra features were scaled with the standardization method, except for the RF models which were built upon data not preprocessed. For the binary classification, high accuracy values were obtained with SVMR and RF (similar accuracy considering the dispersion).

Table 3

ASW for clustering with KM, HAC, and SC algo-
rithms. The best results for 2- and 3- cluster or-
ganizations are highlighted.

Testures	Algorithms	Number of clusters			
reatures		2	3		
	KM	0.431	0.459		
only-sensor	HAC	0.443	0.452		
	SC	0.443	0.394		
	KM	0.462	0.426		
all-features	HAC	0.462	0.428		
	SC	0.453	0.401		

As expected, for the multiclass analysis the accuracy was considerably lower, which is seen in the last column in Table 4. The most efficient algorithm was RF and the inclusion of clinical features provided a small enhancement in performance.

Since RF was among the most efficient algorithms, it was possible to employ the concept of Multidimensional Calibration Space (MCS) [72] with which one may allow for some degree of predictability in the analysis of new data because rules are generated that provide the reasons for classification. This is especially important for the diagnosis based on the limited body of e-tongue results reported here. The proof-of-principle results do indicate that one may use an e-tongue to distinguish saliva samples from cancer patients from healthy individuals. With an MCS one can go one step further and establish the conditions for classification when a new set of data are analyzed. The concept behind MCS and its use in simple examples are described in the Supporting Information (Section 3).

Fig. 2 presents the MCS for the binary problem (classes NO or YES, for negative and positive for cancer, respectively) using both sensor and clinical data, with ExMatrix [91] where the RF model is represented as logic rules into a matrix visual metaphor. In such representation, rows are rules, columns are features, and cells are the rule predicates. The rule predicates specify range values of capacitance for frequencies obtained from the sensor, as well as ranges for the two possible values (0 and 1) of the clinical features (e.g., 0 or 1 for the feature "alcoholism\_no" means negative or positive for a non-alcoholic patient). We employed the complementary features "alcoholism yes" and "alcoholism no" as separate features for the convenience of the algorithm implementation. The ranges defined by the rules are related to one of the two classes (NO and YES) mapped as category colors (blue and orange). With rules (rows) ordered by class and coverage and features (columns) by importance, this MCS is composed of 26 dimensions corresponding to 26 selected features (frequencies in the sensing measurements with the e-tongue and clinical data), which provide the best distinguishing ability among samples. The two most important features (first two columns) for RF are frequency 215 Hz and "alcoholism\_no", with importance values of 0.156 and 0.123, respectively. According to their high coverage rules, low capacitance values at frequency 215 Hz are related to the class YES (orange color). In the first column, small orange ranges are found at the leftmost, and there are no equally positioned blue ranges. Leftmost orange ranges can also be seen in the second column for high coverage rules, matching the value 0 (negative) for clinical feature "alcoholism\_no", while the leftmost blue ranges are not found for such rules. This means that from the point of view of the most generic knowledge with the RF model, patients with alcoholism issues and with low capacitance values at frequency 215 Hz are prone to be classified positive for cancer.

### Table 4

Average accuracy (standard deviation) of the classification with LR, LDA, GNB, KNN, SVM-linear, SVM-poly, SVM-rbf, and RF algorithms. The best results for each label are highlighted.

Fosturos	Algorithms	Classification				
reatures		YES/NO for cancer	Control/Floor/Cavity			
	LR	0.700 (±0.221)	0.481 (±0.105)			
	LDA	0.717 (±0.248)	0.519 (±0.105)			
	GNB	0.433 (±0.249)	0.370 (±0.052)			
only-sensor	KNN	0.783 (±0.224)	0.630 (±0.105)			
	SVML	0.667 (±0.197)	0.481 (±0.052)			
	SVMP	0.717 (±0.248)	0.519 (±0.052)			
	SVMR	0.867 (±0.208)	0.519 (±0.052)			
	RF	0.800 (±0.256)	0.630 (±0.052)			
	LR	0.650 (±0.252)	0.556 (±0.091)			
	LDA	0.633 (±0.306)	0.556 (±0.240)			
	GNB	0.567 (±0.291)	0.556 (±0.157)			
all-features	KNN	0.617 (±0.373)	0.519 (±0.139)			
all-leatures	SVML	0.733 (±0.238)	0.556 (±0.091)			
	SVMP	0.733 (±0.186)	0.519 (±0.139)			
	SVMR	0.767 (±0.200)	0.519 (±0.052)			
	RF	0.800 (±0.256)	0.667 (±0.091)			

<sup>\*</sup>Logistic Regression (LR), Linear Discriminant Analysis (LDA), K-Nearest Neighbor (KNN), Gaussian Naive Bayes (GNB), Support Vector Machine [kernel linear (SVML), kernel polynomial (SVMP), kernel radial basis function (SVMR)], Random Forest (RF).

The MCS in Fig. 2 gives 80% average accuracy with the RF model. The average sensitivity and specificity can also be calculated, being 65% and 90% respectively. The sensitivity regards how well the calibration recognizes true positives, while specificity how well it identifies true negatives. Hence, the calibration will potentially recognize (on average) 65% of the patients that have cancer, and 90% of the healthy patients. An MCS can also be established for the multiclass problem (sample case: control, floor, and cavity), but the average accuracy drops to 66.7%. In this case, many and more complex rules are required, as one should expect.

Several issues should be discussed about the results obtained with the calibration space. First of all, the calibration space found for the binary classification had 26 dimensions, which is considerably higher than for the datasets of other e-tongues. For example, in Ref. [72] calibration spaces had up to 5 dimensions for the full coverage of the dataset, i.e., the prediction accuracy was 100% for multiclass classification. With the dataset analyzed here, the calibration space had only 80% accuracy, despite its 26 dimensions. These results do indicate that more data would be necessary for full coverage of the space, which should be expected because e-tongues do not contain biosensors that could detect cancer biomarkers specifically. Furthermore, the shift in a part of the impedance spectra made it more difficult to achieve an accurate classification. Based on sensitivity and specificity results (65% and 90%), the calibration is more suitable for identifying patients that do not have cancer (healthy). On the other hand, there is a clear indication that e-tongue data can be combined with another type of data (as clinical features used here) to provide a successful diagnosis of cancer and other diseases. With more and better representative samples, higher average accuracy may be achieved, probably with a simpler RF model (i. e. with an MCS with fewer dimensions).

#### 4. Conclusions

We have demonstrated that e-tongue data can be used in cancer diagnosis, even without detecting a specific biomarker. This is made possible because pattern recognition can be applied within the global selectivity paradigm. The difficulty in diagnosing was highlighted by the poor performance of statistical methods and non-supervised learning in distinguishing between the saliva samples of cancer patients and healthy individuals. With supervised machine learning, on the other hand, a reasonable accuracy of ca. 80% for the binary classification (YES or NO for cancer) and ca. 70% when the three classes were considered (floor/ cavity cancer, and control). These accuracy values are expected to increase when a larger number of samples are used, from which a more efficient training can be made with the machine learning algorithms. The accuracy tended to increase when clinical information from the patients was used in conjunction with the e-tongue impedance data. This is particularly encouraging for further studies as the combination of data from different natures is a hallmark of the new paradigm of computerassisted diagnosis [92]. Also promising for future developments is the robustness of the classification approach based on machine learning applied to e-tongue data. The approach may be used in any type of application with reasonable performance even when there are problems and limitations in the data, as was the case here.

# Credit author statement

D.C.B., M.P.N., Software, Formal analysis, Investigation, Writing; F. M.S., Conceptualization, Formal analysis, Investigation, Writing; A.C.S., Investigation, Writing; A.L.G., R.S.L., Resources, Writing, M.E.M., L.M. R.B.A., A.L.C., Resources, Methodology, Writing; F.V.P., Writing, Supervision; O.N.O.Jr, Conceptualization, Resources, Writing,



**Fig. 2.** Multidimensional Calibration Space (MCS) via RF model (128 Decision Trees – 578 logic rules) for the binary problem, with classes NO or YES for negative and positive for cancer, respectively. The space has 26 dimensions which correspond to 19 frequencies (1–1,000,000 Hz) and 7 selected clinic features ("age", "smoking\_ex", "alcoholism\_ex", "alcoholism\_no", "alcoholism\_yes", and "gender\_male"). In this ExMatrix representation for the RF model, logic rules (rows) are ordered by class and coverage, while features (columns) are ordered by importance. Rules predicates are displayed into cells, where features range values are delimited as rectangular shapes and assigned to one of the two possible classes (NO and YES) coded as categorical colors (blue and orange). The first two columns represent the two most important features, namely frequency 215 Hz and the clinic feature "alcoholism\_no" (0 or 1 regarding negative or positive), with importance values 0.156 and 0.123. A pattern can be seen for these two features on high coverage rules: the ones with darker and most filled coverage (left column legend). Orange ranges (class YES) are found with leftmost values, while blue ranges are not found in such a region. This means that low values of capacitance at frequency 215 Hz and value 0 (negative) for clinic feature "alcoholism\_no" appear to be related to class YES (orange). In summary, from the point of view of the most generic knowledge of the RF model, a patient with alcoholism issues that presents a low capacitance value at frequency 215 Hz from the e-tongue is prone to be diagnosed as positive for cancer. (For interpretation of the references to color in this figure legend, the reader is referred to the Web version of this article.)

### Supervision.

#### Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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#### Appendix A. Supplementary data

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